

Except for the recommendations of the Institute of public health of Montenegro and the World Health Organization, there are also orders of the Government of Montenegro against the spread of coronavirus. The orders change depending on the situation. Breaking the orders is punishable! Get informed about the orders.

If you have a fever, cough, or difficulty breathing, seek medical assistance as soon as possible and contact the nearest health care facility or the Institute of public health of Montenegro.

**SOS**

**Coronavirus - SOS line: 1616**  
**every bussines day from 08 to 23 hours.**



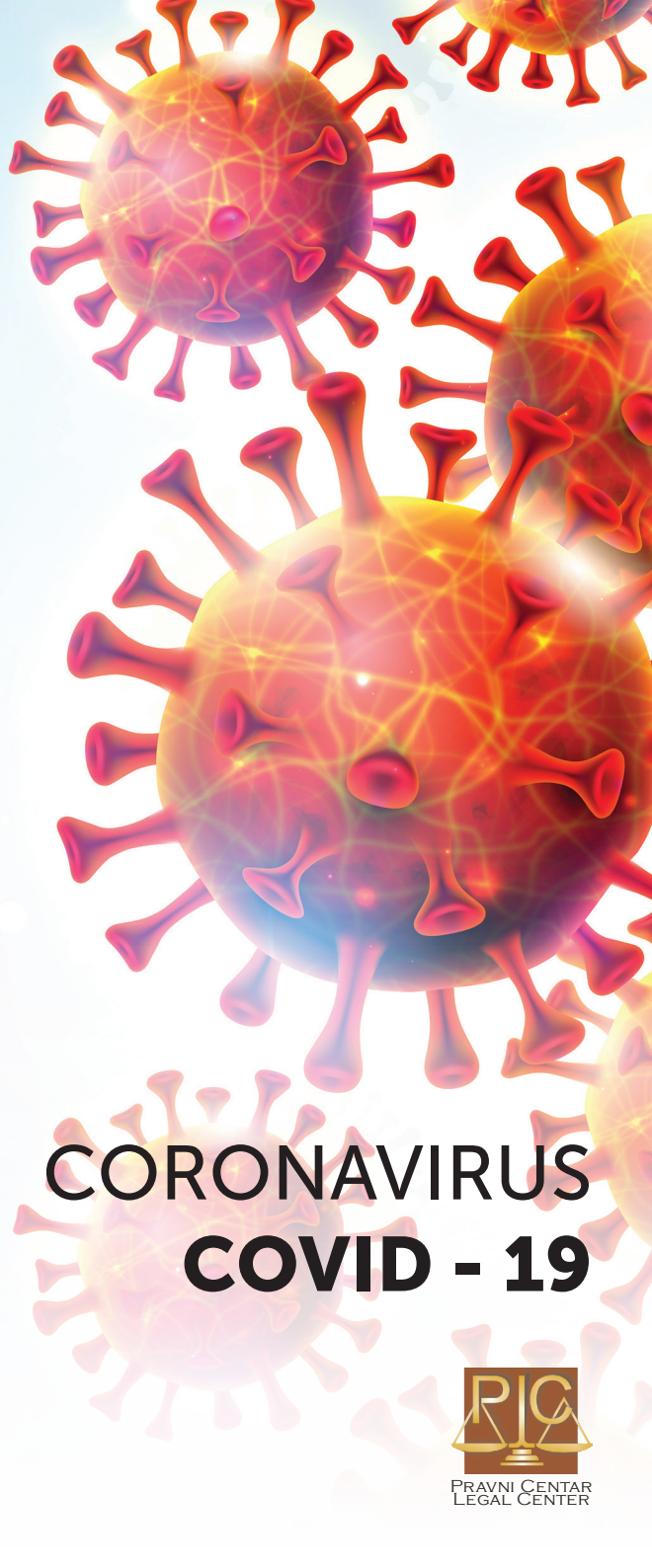
**Institute of public health of Montenegro:**  
**+382 20 412 888**



**Our recommendation is to follow**  
**the website of the Government**  
**of Montenegro [www.gov.me](http://www.gov.me) and stay**  
**informed about the relevant orders**  
**against the spreading of coronavirus.**

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# CORONAVIRUS COVID - 19

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Coronavirus is a viral disease manifested by flu-like symptoms - elevated body temperature, dry cough, shortness of breath, exhaustion, fever, diarrhea, etc.

Some people don't develop any symptoms, but are still carriers of the infection and can transmit the virus and infect others.

## THE WAYS OF TRANSMISSION OF THE VIRUS



**Through direct contact with infectious droplets that occur during sneezing and coughing of the infected person**



**Through contact with contaminated objects or surfaces where the virus can stay infectious for a certain period.**

## RULES FOR THE PREVENTION OF DISEASE FROM THE NEW CORONAVIRUS



**Wear a mask**



**Adhere to the physical distance by maintaining a distance of at least 1.5 to 2 meters between yourself and other people**



**Maintain hand hygiene by washing your hands frequently with water and soap at least 30 seconds as often as possible or using alcohol-based disinfectants**



**Cover your mouth and nose with your elbow or tissue when you sneeze or cough**



**Discard the tissue in the trash bin and disinfect or wash your hands**



**Avoid touching your eyes, nose, and mouth, which prevents the virus from entering the body**